



# Hammer Head Swim Club

## January 2012

### COACHES CORNER

I am so proud of our swimmers. Each one is growing stronger as the season goes on! January and February are very exciting months for our team. Not only are we in great shape and seeing wonderful results, there are a lot good opportunities to build up our team spirit.

The BB Qualifier is a great place to start! This is the one time when the families of the swimmers are all in on the action. By helping out at this meet you are really becoming part of the "team" in a whole new way! This is also a great time to remind swimmers to be encouraging to other swimmers in good moments and bad. Cheering for others is a lot fun and so important to the emotional part of competition and keeping our team spirit strong.

I hope all our swimmers will consider going to at least one meet over the next 8 weeks because there are a ton of chances and more then 50% of our team already qualifies for championships! So lets go for it and get everyone there! Heck it's the only meet we have in our own pool at Fredonia!

Also, please keep in mind we are in the thick of flu season, so it's important for swimmers to stay healthy! Hats, hand sanitizer, a healthy diet, water, and a good nights rest will really help those bodies stay strong.

Take care,  
*Coach Justin*

### JANUARY NEWS

#### Calendar Updates

##### January 4th

Entry forms are due for the BB Qualifier meet on January 14-15. The board will pay for all participating relays at the meet, considering we are the hosts! So no need to find your own team, the coaches will make those arrangements.

##### January 9th and 10th

We will be holding a parent's meeting on Monday and Tuesday that will focus mainly on the upcoming BB Qualifier meet at Eden. The board will review all the volunteer job assignments in detail, explain the meet schedule, and answer any questions you may have. Please make sure to attend on one of those dates. The same information will be covered at both meetings.

All basket donations can be brought to the pool on these dates too! We need at least 20 to be raffled off at the meet. All themes are welcome. If making a whole basket seems overwhelming, we appreciate any kind of items donated and the board will make up the basket part!

##### January 14th-15th

Go HHSC go! It's the BB Qualifier meet in Eden. The Eden pool is located at 3150 Schoolview Road, Eden, NY 14057. When you turn onto Schoolview Rd. you will see there are several schools on that road, The pool is in the high school, the last school.

##### January 16th

No practice. You deserve a break after a long swim weekend!

##### January 19th

This is the last day swimmers may sign-up to swim at the Snowball Meet on January 28th hosted by TWST in Orchard Park. This is a paid meet and entry forms were emailed to you already.



### LEARN TO SWIM

HHSC will be offering more sessions of Learn to Swim before the end of the season. If you know someone that might be interested, refer them to Sue Fountain at 366-2877 or our club website at: [www.hammerheadsclub.org](http://www.hammerheadsclub.org)



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## BB QUALIFIER FAMILY JOB ASSIGNMENTS

Below are the assignments as of January 4th. Please note these may change slightly pending any unforeseen circumstances. A finalized list will be distributed at the parent's meeting January 9th and 10th. A brief description of each job was listed in the December newsletter if you want to look back. Otherwise a full description will be given out at the meetings as well.



| <b>SATURDAY AM</b><br>7:30am warm up                              | <b>SATURDAY PM</b><br>12:30pm warm up                            | <b>SUNDAY AM</b><br>7:30am warm up                             | <b>SUNDAY PM</b><br>12:30pm warm up                              | <b>HHSC</b><br><b>OFFICIALS</b>                             |
|---|--|--|--|---|
| <b><u>Clerk of Course</u></b><br>Corrente<br>Drummond<br>O'Rourke | <b><u>Clerk of Course</u></b><br>Britz<br>Wdowiaz<br>M. Thompson | <b><u>Clerk of Course</u></b><br>Corrente<br>Drummond<br>Brown | <b><u>Clerk of Course</u></b><br>Britz<br>Webster<br>M. Thompson | Robledo<br>Zebraski (2)<br>Massod<br>Saye (2)<br>Contigulia |
| <b><u>Marshals:</u></b><br>Rush<br>Frerichs                       | <b><u>Marshals:</u></b><br>O'Rourke<br>Meyer                     | <b><u>Marshals:</u></b><br>Rush<br>Britz                       | <b><u>Marshals:</u></b><br>Reynolds<br>Voltman                   |   |
| <b><u>Hospitality</u></b><br>E. Mrocza                            | <b><u>Hospitality</u></b><br>E. Mrocza                           | <b><u>Hospitality</u></b><br>E. Mrocza                         | <b><u>Hospitality</u></b><br>E. Mrocza                           |   |
| <b><u>Runners:</u></b><br>Ro                                      | <b><u>Runners:</u></b><br>Osula                                  | <b><u>Runners:</u></b><br>Ro                                   | <b><u>Runners:</u></b><br>Osula                                  |   |
| <b><u>Programs:</u></b><br>A. Thompson                            | <b><u>Programs:</u></b><br>Rogerson                              | <b><u>Programs:</u></b><br>A. Thompson                         | <b><u>Programs:</u></b><br>Eades                                 |   |
| <b><u>Consignment Box</u></b><br>Gaken                            | <b><u>Consignment Box</u></b><br>Gaken                           | <b><u>Consignment Box</u></b><br>Gaken                         | <b><u>Consignment Box</u></b><br>Gaken                           |   |
| <b><u>Timers</u></b><br>R. Mrocza<br>Zevenbergen<br>Boettcher     | <b><u>Timers</u></b><br>Reynolds<br>Polowy<br>Cymerman           | <b><u>Timers</u></b><br>R. Mrocza<br>Zevenbergen<br>Boettcher  | <b><u>Timers</u></b><br>Lovern<br>Pattison<br>Rizzo              |   |
| <b><u>Awards</u></b>  | <b><u>Awards</u></b><br>Medema                                   | <b><u>Awards</u></b><br>Maslak                                 | <b><u>Awards</u></b><br>Rogerson                                 |   |
| <b><u>Timing System</u></b><br>Fountain                           | <b><u>Timing System</u></b><br>Drummond                          | <b><u>Timing System</u></b><br>EDEN                            | <b><u>Timing System</u></b><br>EDEN                              |   |
| <b><u>Baskets</u></b><br>Gullo (Kelly)                            | <b><u>Baskets</u></b><br>Maslak                                  | <b><u>Baskets</u></b><br>EDEN                                  | <b><u>Baskets</u></b><br>EDEN                                    |   |
| <b><u>Concessions</u></b><br>Fortna/ Hill                         | <b><u>Concessions</u></b><br>Hirschman                           | <b><u>Concessions</u></b><br>Brown/Dobbs                       | <b><u>Concessions</u></b><br>Gullo (Olivia)/Rubin                |   |