



Hammer Head Swim Club

March 2012

MARCH NEWS

Calendar Updates

March 1st

Entry forms due for Championships by the end of practice.

March 2nd

No practice

March 3rd-4th

Go HHSC go! Shamrock Meet at Cheektowaga High School 3600 Union Road, Cheektowaga, NY 14225. Warm ups begin at 7:30am and 12pm each day.

March 10-11th

NSL CHAMPIONSHIPS at SUNY FREDONIA!! More details are on the next page!

March 15th

Last day of practice for the season!

March 16-18th

Gold Championship in Webster, NY.

Good luck to Riley Drummond, Gracie Mroczka, Bill Osula, Diedra Osula, Esel Ro, and Katie Webster!

March 25th

Team Banquet at St. Hyacinth's Lyceum, Lake Shore Drive E. in Dunkirk beginning at 1pm. Each family is asked to bring a beverage to share and dish to pass. Please refer to letter sent to your home from Rich Robledo for more details. We will give out awards, hold our annual members meeting, and elect next year's board members.

COACHES CORNER

Six months has flown by so fast! It has been a great season, so much has been accomplished. The coaching staff had some high expectations this year and the team blew them all away. This year the coaches feel we have all turned this program into something very special...a small team with a strong spirit, supportive families, and motivated swimmers that can compete with the best of the best in the league!

The silver meet in February was an awesome experience. We had 19 kids go and many of those were eligible to advance to the finals to swim. That is an amazing feat considering last year none of our swimmers qualified for finals on Saturday night. Every single swimmer that went should be so pleased with how they swam. The coaching staff is very proud of all of them.

This is the last month of our swim season. The bad news is everything is coming to an end, but the good news is that it's time for Championships! This is the most important meet of the year. We need our swimmers to continue to show up to practice and work hard. Just like Coach Mike says, we need to SWIM TO WIN! The best part, is that championships are at our own pool in Fredonia, so our swimmers have a huge advantage.

As most of the team knows, this will be my last year as Head Coach. I will be moving back to Jamestown to begin student teaching in the fall. Unfortunately this means I will not have the time necessary to commit to being the kind of coach the club and swimmers deserve. The two years that I have been Head Coach with this team have been amazing. I have grown close to each swimmer and will miss everyone. Being part of what I think is the BEST swim program in the area has been very rewarding.

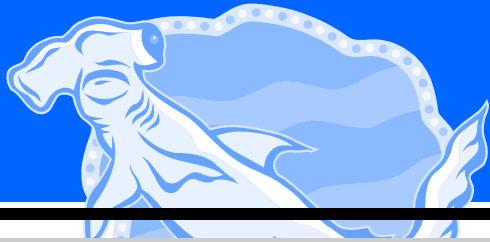
I hope each family will come the club's end of the year banquet on Sunday, March 25th. There is so much to celebrate! Again, thank you for an awesome season and I can't wait to see how great this team will be in the future.

Take care,

Coach Justin

DON'T FORGET TO STAY IN TOUCH!

The board will continue to update the Facebook page and send emails with information about any off season activities and news about next season!



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CHAMPIONSHIP FAMILY JOB ASSIGNMENTS

As of March 1st, 38 HHSC swimmers have achieved championship qualifying times! Although we do not officially host this meet, each league team is required to volunteer at the event. NISL gives each team job assignments. **If we fulfill all of our team obligations, HHSC will receive \$500!!** So like the BB Qualifier, I have assigned all qualifying families a "job." Each is a short shift (less than 3 hours) scheduled for Friday or Saturday. **ON SUNDAY, I need at least 5 volunteers to work for the finals between 11am and 4pm.** If you can help out on Sunday or cannot do your current job assignment, email Erin Mrocza at Mrocza@fredonia.edu. **THANK YOU FOR YOUR HELP ALL SEASON LONG!**

FRIDAY 3/9

Set-up at the Pool 6-8pm

Meyer	Webster	Pattison
Fountain	Britz	Gaken
Rubin	Brown	

HHSC Officials

Robledo	Contiguglia	Saye
Masood	Zebraski	

SAT. 3/10 AM Session: (10 and Under)

7:30am Warm Up/8:30am Start

Jillian O'Rourke	Zach Corrente
Marissa Boettcher	Jarret Maslak
Grace Mrocza	Bill Osula
Mackenzie Quinn	Aaron Rand
Esel Ro	
Hannah Saye	
Tess Thompson	

SAT. 3/10 PM Session: (11 and older)

1:30pm Warm Up/2:30pm Start

Riley Drummond	Lauren Skellie	Matty Zevenbergen
Lindsey Lovern	Haley Zebraski	Trystan Meyer
Deidra Osula	Madeline Contiguglia	Alex Pattison
McKayla Polowy	Meg Phillips	Roman Robledo
Katie Webster	Hanna Rubin	Andrew Saye
Taylor Britz	Sofia Rubin	Morghon Thompson
Katie Cymerman	Monika Voltman	Jonathan Fountain
Erika Eades	Sean Brown	Jacob Maslak

Hospitality

ALL DAY	Mrocza
11am -1pm	Corrente

Marshal

Time TBA	Maslak
Time TBA	Quinn

Lane Timers

8:30am - 10:45 am	Boettcher
8:30am -10:45am	O'Rourke
10:45am - 1pm	Thompson
10:45am -1pm	Ro

Runner

Time TBA	Rand
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Hospitality

ALL DAY	Mrocza
1:30pm-3:30pm	Skellie

Marshal

Time TBA	Drummond
Time TBA	Lovern

Lane Timers

2:30pm-4:30pm	Polowy
2:30pm-4:30pm	Reynolds
4:30pm-6:30pm	Zevenbergen
4:30pm -6:30pm	Eades

Runner

Time TBA	Osula
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