

HAMMERHEAD SWIM CLUB SAFETY ACTION PLAN AND INFORMATION

Daily Activities

Hammerhead Swim Club (“HHSC”) swimmers, parents and guests are to follow all Fredonia State University rules and regulations when at Hammerhead Swim Club practices, meets and events at the University.

HHSC swimmers, parents and guests are to follow all USA Swimming rules and regulations when performing an activity associated with HSHC.

HHSC’s coaches are to know and enforce all USA Swimming rules and regulations when conducting business for HHSC and all Fredonia State University rules and regulations when on University property.

HHSC coaches, every time upon entering the swim facility, are to note where the emergency equipment is located and where the first aid supplies are kept.

The Head Coach and the Board President are the designated spokespersons for HHSC regarding any emergency. All information to the public or team members is to be disseminated through them.

Emergency Contact Phone Numbers

Arthur Wang, Aquatics Director 673-3693

Poison Control 1-800-222-1222

University Police 716-673-3333

Closest Hospital

Brooks Memorial Hospital

529 Central Avenue

Dunkirk, NY 14048

716-366-1111

Emergencies

In the event of an emergency situation at a pool facility, HHSC coaches are to follow the instructions of the pool facility’s aquatics staff members *and, in addition*, take any additional actions, including those set forth below, which the coach deems necessary for the protection of the health and safety of HHSC swimmers, staff, and/or the general public.

Weather Emergency

1. Notify aquatics staff.
2. Clear the deck and/or building, if appropriate, and send swimmers and HHSC staff to a safe location according to the weather emergency (for example, to the locker rooms for a tornado or severe lightning).
3. Supervise swimmers and keep everyone calm.
4. Fill out any necessary reports and send them to USA Swimming if required.
5. Review safety action plan and make changes if appropriate.

Fire & Chemical Emergency

1. Clear the building and take swimmers and HHSC staff to the parking lot.
2. Notify aquatics staff and call 911.
3. Supervise swimmers and keep everyone calm.
4. If false alarm, send everyone back in the building.
5. If not false alarm, contact swimmers’ parents to pick up swimmers.
6. Fill out any necessary reports and send them to USA Swimming if required.
7. Review safety action plan and make changes if appropriate.

Facility Emergency (not fire or chemical)

1. Clear the building and take swimmers and HHSC staff to the parking lot.
2. Notify aquatics staff and call 911.
3. Contact swimmers' parents to pick up swimmers.
4. Supervise swimmers and keep everyone calm.
5. Fill out any necessary reports and send them to USA Swimming if required.
6. Review safety action plan and make changes if appropriate.

Incident Emergency

1. Assess the situation and, if it is safe, notify aquatics staff and deal with the problem without interruption of swimmers.
2. If the situation is not safe, clear the pool or building, as appropriate, and send swimmers and NJST staff to a safe location away from the incident.
 - a. Notify aquatics staff and call 911.
 - b. Supervise swimmers and keep everyone calm.
3. If incident is long-lasting, contact swimmers' parents to pick up swimmers.
3. Fill out any necessary reports and send them to USA Swimming if required.
4. Review safety action plan and make changes if appropriate.

Drowning Emergency

1. If victim is active, notify aquatics staff and supervise swimmers but continue normally.
2. If victim is passive, notify aquatics staff and call 911.
 - a. Clear the pool and send swimmers to a location away from the incident.
 - b. Supervise swimmers and keep everyone calm.
3. Coaches with appropriate medical training should provide aquatics staff with assistance if requested (for example, CPR or Rescue Breathing).
4. Meet ambulance and direct to emergency location.
5. Fill out any necessary reports and send them to USA Swimming if required.
6. Review safety action plan and make changes if appropriate.

Other Medical (non-drowning) Emergency

1. Notify aquatics staff and call 911.
2. Clear the pool and send swimmers to a location away from the incident.
3. Supervise swimmers and keep everyone calm.
4. Coaches with appropriate medical training should provide aquatics staff with assistance if requested.
5. Meet ambulance and direct to emergency location.
6. Fill out any necessary reports and send them to USA Swimming if required.
7. Review safety action plan and make changes if appropriate.

When Contacting 911

1. Dial 911
2. Tell EMS of the emergency with a brief description.
3. Give the location of the facility if requested (Fredonia State University, Steele Hall, Varsity Drive, Fredonia).
4. Stay on the phone with the EMS personnel until they say it is ok to hang up.